

## Colorectal Cancer Risk Assessment

- Are you over the age of 50?
- Are you African American and over the age of 45?
- Have you ever been diagnosed with polyps in your colon or rectum?
- Do you have a first-degree relative (parent, child or sibling) who has had colorectal polyps or colorectal cancer?
- Have you been diagnosed with inflammatory bowel disease like ulcerative colitis or Crohn's disease?
- Are you African American, Native American, Alaskan Native or of Eastern-European Jewish descent?
- Does anyone in the family have a genetic syndrome such as familial adenomatous polyposis (FAP), hereditary nonpolyposis colorectal cancer (HNPCC) or Lynch syndrome?
- Are you overweight?
- Is your lifestyle inactive?
- Are you a smoker?

**The more often you answered "Yes" to the above questions, the greater your risk for developing or having colorectal cancer. Talk to your physician to discuss when colorectal cancer screening is right for you.**

Sources:

<http://patients.gi.org/topics/colorectal-cancer-screening/>

<https://www.cancer.org/cancer/colon-rectal-cancer/causes-risks-prevention/risk-factors.html>